



TEST REQUISITION FORM

Office use only

MDS REF no:

Sample type:

Sample condition:

PLEASE PRINT CLEARLY & FILL IN ALL FIELDS – INCOMPLETE / ILLEGIBLE INFORMATION WILL DELAY RESULTS.

*MEDICAL AIDS DO NOT COVER THE COST OF SOME OF THESE TESTS.

PATIENT'S DETAILS

First names:		Sex:	M	F	Weight (kg):	Height (m):
Surname:		Personal medical history / symptoms:				
ID No:						
D.O.B:	Age:					
Tel:		Family's medical history:				
Cell:						
Postal address:						
E-mail:		Medication: (it is the client/practitioner's responsibility to determine whether a medication could affect the ImuPro results prior to having the sample taken. Please refer to www.wellpro.co.za for contraindications for testing)				
Blood sample collection date:						
Blood sample collection time:						
Sample type:		Blood sample taken by:				

ADDITIONAL INFORMATION REQUIRED FOR LIPIDPRO TEST ONLY

No. of days exercise / activity per week:	0	1	2	3	4	5	6	7
Nutritional supplements:	Intensity of exercise/activity:			Low	Moderate	High intensity		
How did you hear about WellPro?	Blood pressure:			Smoker?	Yes	No	Former	

REFERRING PRACTITIONER'S DETAILS

Name and surname:	Practice Tel:
E-mail:	Indication for referral:
Address:	

✓	Test	Cost (incl. Vat)
ImuPro Food IgG Tests (**2 to 4 hour fast prior to sample collection)		
	ImuPro Screen (22 foods tested)	R790.00
	ImuPro Basic (90 individual foods tested)	R 3100.00
	ImuPro Complete (270 individual foods tested plus IgG antibodies detected against <i>Candida albicans</i>)	R 5450.00
IgE Allergy Tests (**Samples to be taken at MDS' premises in Durban only)		
	AllergyPro (107 allergens, 91 individually tested items, total IgE included)	R 1750.00
LipidPro*		
(*Please send total cholesterol result performed on same day when sending patient's sample [at patient's cost]. 12 hour fast prior to sample collection. Payment required within 2 days from sample collection. Referring practitioner required - results sent only to referring practitioner.)		
	Comprehensive analysis of LDL- cholesterol fractions & subfractions. (3 month follow up test recommended to monitor effectiveness of treatment intervention).	R 1750.00

Instructions for sample collection and transportation to MDS Laboratory

- Please ensure all details above have been completed, a test selection has been made and the 'Terms and Conditions of Testing' have been signed by the client (see overleaf/page 2).
- For LipidPro tests, MDS requires a total cholesterol result prior to testing, performed on the same day as the LipidPro sample collection. The result must be submitted to MDS with the LipidPro sample or emailed to nutrition@wellpro.co.za with client details. The total cholesterol test can be done at a clinic or laboratory and will be done at the client's own cost.

- For ImuPro, AllergyPro and LipidPro tests please take a 5ml serum sample (*Gel/SST Plain tube*) of blood after the client has fasted prior to sample collection (see above). For the ImuPro Screen, a capillary blood sample is also acceptable.
- Spin the serum sample down if there is facility to do so. Please place the tube or blood card in the case of capillary bloods into a sample bag and contact MDS laboratory (031 267 7000) to arrange a courier to collect the sample. Please ensure MDS receives the sample within **24-48 hours of sample collection for LipidPro and AllergyPro tests and within 3 to 7 days for ImuPro tests**. To ensure that samples arrive at the laboratory timeously, please only collect samples on a day before a working day. Place serum samples in the fridge until collection and store capillary blood cards at room temperature. Transport at room temperature (ImuPro and LipidPro), and at 2-8°C for AllergyPro tests.
- Please note that **No Upgrades** can be done on samples older **than 30 days**, or for capillary samples previously tested. In a case where an upgrade needs to be done after 30 days, a fresh sample must be submitted.

Banking Details: (email proof of payment to: reception@mdsafrica.net)

Molecular Diagnostic Services (Pty) Ltd

FNB Westville

Account Number: 62109297912

Branch Number: 223526

For Zapper payments, please use this QR code:



Credit Card Details: (please ✓)	Visa	Master Card	American Express	Straight	Budget 6m
Card Number:					Amount:
CVV Number:	Exp Date:		Date:		
Signature:	Name on card:				

If you would prefer to give us your credit card details telephonically, then please contact the office on 031 267 7000.

Terms and Conditions of Testing

General:

I consent to tests requested, guarantee payment and verify that all information is correct. Testing will not be started without receiving payment. Payment for the test requested will be taken as consent for testing to be performed on the sample submitted to MDS. I also agree to receive marketing material from WellPro and understand I may opt out at any time: Yes ☐ No ☐

Informed consent for testing

While it is in my best interest to have a healthcare practitioner interpret and explain my results to me, I understand that should I wish to receive my results directly, I acknowledge that MDS cannot be held liable for any pain, discomfort, confusion or distress which the release of the test results to me, may cause. Furthermore, whilst I am legally entitled to my own information, I understand that it might not necessarily be in my best interest to be exposed to information of which I may have limited knowledge and understanding and which may be detrimental to my well-being if not explained fully and in a manner which I will understand, by my own trusted healthcare practitioner. As I have made an informed decision to self-refer to MDS for testing, by giving me the test results, MDS waives liability for any distress or confusion which I may experience as a result of receiving the test result directly from MDS without consulting with a healthcare practitioner. I acknowledge that MDS strongly recommends that I be encouraged to visit my healthcare practitioner as soon as possible after receiving my results and that I carry the onus to make an appointment with my healthcare practitioner to have my test results interpreted.

For ImuPro testing:

The sample is invalid for processing after 1 month therefore payment or upgrade requests are required within 1 month.

Limitations of the method

The results obtained must always be interpreted in combination with the complete clinical picture and dietary changes must be made in consultation with a relevant dietician or nutritional expert. The IgG levels determined by using this test system make it possible to infer information about the degree of sensitization of the patient to the food antigens or mixtures tested. They cannot be used to derive a relationship between the determined IgG concentration and occurrence of serious clinical symptoms. False positive test results may be produced by cross-reactivity of the antigens being tested with the epitopes of other antigens. Certain allergy associations do not support IgG testing as a means to diagnose food hypersensitivities. However, a growing number of publications and a large amount of anecdotal evidence support that elimination diets based on circulating IgG antibodies result in improved symptoms in patient. A subset of these peer reviewed published papers is found on our website www.wellpro.co.za.

For LipidPro testing:

- MDS requires a **total cholesterol** result prior to testing, performed **on the same day** as the LipidPro sample collection. The result must be submitted to MDS with the LipidPro sample or emailed to nutrition@wellpro.co.za with client details. The total cholesterol test can be done at a clinic or laboratory and will be done at the **client's own cost**
- The sample is invalid for processing after 7 days, therefore upfront payment directly to MDS is required prior to, or within 2 days of, sample collection.

Signature: Date:

Disclaimer: In the event that Molecular Diagnostic Services (Pty) Ltd (MDS) returns a verifiable erroneous result for a particular sample, or if negligence is proven on the part of MDS, any claim against MDS is limited to the amount paid or to be paid to perform the test in question. In no event shall MDS be liable for direct, indirect, incidental, consequential, special or other damages of any nature even if MDS has been advised of the possibility of such damage.

Needles are inherently dangerous and because this product is used outside of our control, MDS will NOT be liable for any damages or injury caused by needles, the user accepting full responsibility for the use and safe disposal of the needles, which are entirely at the user's risk.

MDS respects your right to privacy and therefore aims to ensure that we comply with the legal requirements of the POPI Act which regulates the manner in which we collect, process, store, share and destroy any personal and special personal information which you have provided to us. As such, we realize the importance of confidentiality in the service we provide and undertake to abide by our Privacy Policy. For further information about our Privacy Policy, please contact our office or visit our website www.mdsafrica.net.



A division of Molecular Diagnostic Services (Pty) Ltd, Practice No. 050 000 0235660

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