



## Food IgG Test Requisition Form

MDS Ref. no: \_\_\_\_\_

Sample type: \_\_\_\_\_

Sample condition: \_\_\_\_\_

Checked By: \_\_\_\_\_

Date: \_\_\_\_\_

### Client Details (*Note: These tests are not covered by Medical Aid*)

**Please print clearly and fill in all fields**

#### PATIENT'S DETAILS

First Names:					
Surname:			Age:		
ID No.:			Date of Birth:		
Sex:	Male		Female		
Tel:			Cell:		
e-mail: *					
Physical Address:					
Details of Present Medication: (it is the client/practitioner's responsibility to determine whether a medication could affect the ImuPro results prior to having the sample taken. Please refer to <a href="http://www.wellpro.co.za">www.wellpro.co.za</a> for contraindications for testing)					
Blood sample collection date:			Phlebotomist (Name/Clinic/Lab) <sup>▲</sup> :		
REFERRING PRACTITIONER'S DETAILS (to receive copy of results)					
Name and surname:			Practice Tel:		
E-mail:			Indication for referral:		
Practice address					
<b>*Results are emailed</b>					
▲ The client must not pay the referring laboratory/ facility for the ImuPro test. Payment must be made to MDS directly.					

### COST PER TEST (Incl. VAT) - TEST PANELS (Please ✓)

ImuPro Food IgG Tests (**2 hour fast prior to sample collection)		
	ImuPro Screen test (22 individual foods tested)	R 790.00
	ImuPro Basic (90 individual foods tested)	R 3100.00
	ImuPro Complete (270 individual foods tested plus IgG antibodies detected against <i>Candida albicans</i> )	R 5450.00

P.T.O. for sample collection and transportation instructions.

#### Limitations of the method

The results obtained must always be interpreted in combination with the complete clinical picture and dietary changes must be made in consultation with a relevant dietician or nutritional expert. The IgG levels determined by using this test system make it possible to infer information about the degree of sensitization of the patient to the food antigens or mixtures tested. They cannot be used to derive a relationship between the determined IgG concentration and occurrence of serious clinical symptoms. False positive test results may be produced by cross-reactivity of the antigens being tested with the epitopes of other antigens.

Certain allergy associations do not support IgG testing as a means to diagnose food hypersensitivities. However, a growing number of publications and a large amount of anecdotal evidence support that elimination diets based on circulating IgG antibodies result in improved symptoms in patient. A subset of these peer reviewed published papers can be found on our website [www.wellpro.co.za](http://www.wellpro.co.za).

#### Informed consent for testing

While it is in my best interest to have a healthcare practitioner interpret and explain my results to me, I understand that should I wish to receive my results directly, I acknowledge that MDS cannot be held liable for any pain, discomfort, confusion or distress which the release of the test results to me, may cause. Furthermore, whilst I am legally entitled to my own information, I understand that it might not necessarily be in my best interest to be exposed to information of which I may have limited knowledge and understanding and which may be detrimental to my well-being if not explained fully and in a manner which I will understand, by my own trusted healthcare practitioner.

As I have made an informed decision to self-refer to MDS for testing, by giving me the test results, MDS waives liability for any distress or confusion which I may experience as a result of receiving the test result directly from MDS without consulting with a healthcare practitioner. I acknowledge that MDS strongly recommends that I be encouraged to visit my healthcare practitioner as soon as possible after receiving my results and that I carry the onus to make an appointment with my healthcare practitioner to have my test results interpreted.

**Client to sign acceptance of limitations of the method and informed consent before sample is sent to MDS:**

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Office use only



**Payment details:** Per credit card, bank deposit or electronic transfer with name reference. *Please pay MDS directly.* Payment for the test requested will be taken as consent for testing to be performed on the sample submitted to MDS.

**Credit Card payment:** To give us your credit card details telephonically, please contact the office on 031 267 7000

**Banking Details:**

**Name:** Molecular Diagnostic Services (Pty) Ltd

**Bank:** FNB Westville

**Account Number:** 62109297912

**Branch Number:** 223526

**Reference:** Name and Surname

Email proof of payment to: [reception@mdsafrica.net](mailto:reception@mdsafrica.net)

**For Zapper payments, please use this QR code:**



**Reference:** Name and Surname or send reference number to [reception@mdsafrica.net](mailto:reception@mdsafrica.net)

**Note:** The sample is invalid for processing after 1 month therefore payment or upgrade requests are required within 1 month. Please note that the test will not be started without payment having been made.

**ImuPro sample collection and transportation to MDS Laboratory**

- **Clients to pay MDS directly for the test.**
- 2 hour fast prior to sample collection.
- A 5ml serum sample (Gel/SST Plain tube) of blood is required for this test and the sample sent to the MDS laboratory for analysis. Please only collect a sample on the day before a working day.
- Once the blood sample has been collected, please ensure that the client's name and date of birth is written on the tube.
- Please place the blood sample into a sample collection bag with the completed Food IgG Test Requisition Form.
- Samples collected at Ampath Laboratory (in KZN) will be sent to Ampath's Sendaway department after which MDS will receive the sample.
- For samples collected at other private facilities, place the sample in a sample collection bag and place the sample in the fridge while waiting for collection and contact us to arrange courier to collect the sample. (Client to WhatsApp or email notification to MDS after having their sample taken). Transport Sample at room temperature.
- Spin samples down, if there is a facility to do so.
- Blood samples should be couriered to MDS laboratory within 3 to 7 days at room temperature.
- MDS will process the sample within 10 to 14 working days of receiving the sample and payment.

Please note that the health practitioner/phlebotomist taking the blood sample must safely discard used needles. Under no circumstance must a used needle be returned to MDS with the blood sample.

Should you require any further assistance, please contact MDS on 031 267 7000 or [reception@mdsafrica.net](mailto:reception@mdsafrica.net)

**Disclaimer:** In the event that Molecular Diagnostic Services (Pty) Ltd (MDS) returns a verifiable erroneous result for a particular sample, or if negligence is proven on the part of MDS, any claim against MDS is limited to the amount paid or to be paid to perform the test in question. In no event shall MDS be liable for direct, indirect, incidental, consequential, special or other damages of any nature even if MDS has been advised of the possibility of such damage.

Needles are inherently dangerous and because this product is used outside of our control, MDS will NOT be liable for any damages or injury caused by needles, the user accepting full responsibility for the use and safe disposal of the needles, which are entirely at the user's risk.

MDS respects your right to privacy and therefore aims to ensure that we comply with the legal requirements of the POPI Act which regulates the manner in which we collect, process, store, share and destroy any personal and special personal information which you have provided to us. As such, we realize the importance of confidentiality in the service we provide and undertake to abide by our Privacy Policy. For further information about our Privacy Policy, please contact our office or visit our website [www.mdsafrica.net](http://www.mdsafrica.net).



A division of Molecular Diagnostic Services (Pty) Ltd, Practice No. 050 000 0235660  
6 Ribston Place, Westville, 3629, Pvt.Bag X20, Westville, 3630, South Africa  
Tel: +27 31 267 7000, Fax: +27 31 267 7005, Email: [nutrition@wellpro.co.za](mailto:nutrition@wellpro.co.za)  
[www.wellpro.co.za](http://www.wellpro.co.za)