
Ó|ã} óPæ ^
6 Ribston Place, Westville
3610 Durban

Your personal ImuPro Screen report

Sample ID: R170001

Dear Ó|ã} óPæ ^,

With this letter, you will receive your personal ImuPro test result. This laboratory report contains your results for all the tested foods at a glance.

In an extensive laboratory analysis, your blood has been analysed for the presence of specific IgG antibodies to particular foods. If high levels of IgG antibodies are present, they could indicate the cause of certain symptoms due to a delayed food hypersensitivity type III. Your individual ImuPro result for each food tested will help you identify which foods may or may not be associated with your symptoms. By avoiding the foods that might be associated with your symptoms, inflammatory processes can be reduced or even stopped.

ImuPro Screen is a semi-quantitative IgG antibody test providing an individual analysis of 22 foods using a capillary blood sample. ImuPro Screen categorizes foods tested into two groups – reactive (elevated) and non reactive (not elevated) and **does not include dietary recommendations** thus your referring health practitioner will determine how to implement the elimination diet based on the results, will assist you with dietary and other management advice after receiving your results and determine whether further testing is recommended.

If you have any questions about your ImuPro result or about food hypersensitivities (type III), please contact your referring practitioner.

Important: If you have an existing type I food allergy (IgE mediated) previously diagnosed either by a positive IgE test or by a skin prick test or if you have any other known food related issues, please do not start eating this particular food even if the ImuPro test does not show any reaction to it. IgE-mediated food allergies can cause reactions such as anaphylactic shock, rashes, vomiting, itching etc. **ImuPro identifies raised levels of IgG antibodies to foods and provides advice based on these findings. As the ImuPro test involves the detection of IgG antibodies, no result regarding IgE related allergies can be concluded.**

With kind regards,

Your ImuPro Team

The information in your documents does not replace the medical advice of a trained health professional. The results obtained must always be interpreted in combination with the complete clinical picture. **Dietary changes must be made in consultation with a health professional, a relevant dietician or nutritional expert.** Please immediately consult your practitioner in case of any health-related concerns.

The specific IgG concentrations determined by this test offer the basis for an elimination diet. We do not claim that the determined IgG concentrations reflect the occurrence or the severity of serious clinical symptoms. Results may be subject to sample collection techniques by the user. Borderline reactions may be not be identified due to cut-off levels specific to capillary testing. An individual is unable to upgrade to other ImuPro tests using the capillary blood sample, a blood (serum) sample would be required to be drawn. Some differences between the capillary and serum results may occur, due to the variable blood spot volume, cut-off values and time between sampling.



Molecular Diagnostic Services (PTY) Ltd.
6 Ribston Place
3629 Durban
South Africa
Phone: 031 267 7000
Fax: 031 267 7005
E-Mail: reception@mdsafrica.net
Internet: www.wellpro.co.za

Patient report:
OSOP-V-001

date of birth: 11/03/1967 ■ age: 50 ■ sex: f
address: 6 Ribston Place, Westville ■ 3610 Durban ■ South Africa



IMUPRO SCREEN RESULTS

	Rating	Number of foods tested	Reference range
Specific IgG antibodies	■ Not elevated	15	≤ 10.0 µg/ml IgG
	■ Elevated	7	> 10.0 µg/ml IgG
Total	7 out of 22 tested allergens		

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Laboratory:

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Sender:

Referring practitioner details

specimen collection	02/05/2017
reception of specimen	04/05/2017
sample type	human capillary blood
quality of the sample	Satisfactory
sample id	R170001
examination method	enzyme-linked immunosorbent assay for the detection of food specific IgG
date of report	11/05/2017

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■ Not elevated ■ Elevated

	Rating
Vegetables	
Carrots	■
Green pea/beans	■
Soybean	■
Sweet pepper	■
Tomato	■
Fruits	
Banana	■
Orange	■
Pineapple	■
Milk products	
Goat: milk and cheese	■
Milk (cow)	■
Sheep: milk and cheese	■
Cereals and starch	
Gluten	■
Rice	■
Spices and herbs	
Garlic	■
Vanilla	■
Seeds and nuts	
Almond	■
Hazelnut	■
Meat	
Chicken	■
Fish and seafood	
Lobster	■
Eggs	
Chicken egg (egg white and egg yolk)	■
Sweeteners	
Honey (Mixture)	■
Yeast	
Yeast	■



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GENERAL RECOMMENDATIONS

- Your ImuPro Screen report shows that there are elevated values of IgG antibodies against one or more foods. Your referring health practitioner will determine how to implement the elimination diet based on the results, will assist you with dietary and other management advice and determine whether further testing is recommended (e.g. the complex individual testing of 90 food allergens using ImuPro Basic or 270 food allergens using ImuPro Complete). Note: An individual is unable to upgrade to other ImuPro tests using the capillary blood sample, a blood (serum) sample would be required to be drawn. Some differences between the capillary and serum results may occur, due to the variable blood spot volume, cut-off values and time between sampling.
- **Diagnostics of the intestinal flora:** IgG-mediated food hypersensitivity is commonly triggered or aggravated by disorders of the intestinal barrier. Therefore, intestinal diagnostics with subsequent recovery of the intestinal flora is essential. It may be helpful to analyse the composition of your intestinal flora and the functionality of your intestinal barrier by means of a specialised stool analysis. Please discuss this with your physician or therapist.
- **Other causes:** In addition to a delayed IgG food hypersensitivity, there may be a non-immune related digestive disorder or poor utilisation of nutrients which can have numerous causes. This should be discussed with your health practitioner. Possible causes include a diminished degradation of carbohydrates (e.g. lactose, fructose) due to an enzyme deficiency or an inadequate activity of the pancreas and thus insufficient secretion of digestive enzymes.

Furthermore, an intestinal mycosis, parasitosis or impaired intestinal flora may play a role. If the diet modification in accordance with ImuPro shows no improvement at all, it is recommended that one takes further diagnostic steps.